

26th February 2025

Dear Parent/Carer,

I am writing to you, as the Head of Physical Education, to remind all parents of the school's Physical Education policies within lessons when a student is unable to participate due to injury or illness.

In such a case, the student must bring a note signed by the parent/carer to inform us of the problem prior to the lesson. This can also be emailed directly to your child's class teacher. Your child's class teacher can be found via Arbor.

When your child is not able to participate practically in their PE lesson, your child is still expected to **change into their PE kit** unless they have an injury which does not permit them to do so (for example a broken arm/leg etc.). **This is to ensure students can still take part in a lesson**, either in a coaching or officiating capacity, and to assist with any equipment that may be needed in the lesson. This will also ensure no valuables or mobile phones are brought to lesson.

If a student fails to have their PE kit, on the first occasion, they will receive a signature on their expectation card. If your child fails to bring their kit or a note to the lesson for a second time, then they receive a 20 minute detention in addition to another signature on their expectation card. If they fail to bring their PE kit or a note for a third time, then they will receive a 40 minute detention as well as a signature on their expectation card and finally, if they fail to bring their kit on 4 or more occasions, then students will receive a 60 minute detention as well as a signature on their expectations card.

If you need to replace or purchase new PE kit, this can be accessed through the link below. If there are any issues in purchasing a new PE kit, please contact a member of the PE department.

<https://schoolsports4u.co.uk/collections/the-appleton-school>

We thank you for supporting us with these measures, to ensure consistency and a quality of education for all students.

Yours sincerely,



Mr S Rowe
Head of Physical Education

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